

Wellesley Park Primary School

PE development plan 2018-19



Vision

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. To achieve this, we aim to provide quality physical activity opportunities both within and outside curriculum time which: considers the needs and interests of all pupils; promote positive attitudes towards participation in physical activity; enables pupils to develop a full range of basic movement skills; increases pupils' knowledge and understanding of the importance of physical activity; provides safe and stimulating areas in which children can play and be active.

The PE and Sports' Grant

We are estimated to receive, in total for the year 18/19, £19,150.

5 key indicators for improvement:

- *The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.*
- *The profile of PE and sport is raised across the school as a tool for whole-school improvement.*
- *Increased confidence, knowledge and skills of all staff in teaching PE and sport.*
- *Broader experience of a range of sports and activities offered to all pupils.*
- *Increased participation in competitive sport.*

Current aims:

1. To increase participation in local school tournaments and events and raise the profile of sports at Wellesley Park Primary School.
2. To ensure high quality PE teaching
3. To develop the competence, creativity, performance and healthy lifestyle of all the children in our school.
4. To ensure that all staff have high quality professional competence throughout all areas of the PE curriculum.
5. To offer a broad curriculum that inspires the children to participate in a wide range of physical activities.
6. To give the children the confidence to compete against other schools.
7. To create an appropriate and challenging environment that will enable every child to fulfil their potential.
8. To make links with local sports clubs and the community to increase participation outside school.

8. To raise the profile of PE throughout the school.

Initiative	Cost	Impact/benefit to school
<p>SASP Tone School, SASP, Buy in 18-19+ contribution toward SSSCo post.</p>	£2725	Children to take part in festivals, competitions/leagues, G&T sessions, CPD, PE co-ordinator support.
<p>SASP Healthy Futures</p> <ul style="list-style-type: none"> • KS1 programme • KS2 programme 	£900	Raise awareness of healthy living and supporting children into healthy lifestyle choices from an early age which is key to maintaining these habits into adulthood.
<p>Improve PE/Games provision at break and lunchtime</p> <ul style="list-style-type: none"> • Training for play leaders by SASP. PE sports Captains also to organise games • Playtime equipment enhanced when needed • Mid-day supervisor training to support playtime play activities 	Included in SASP cost	Play leaders to take ownership of some games at play and lunchtime for the benefit of all children. Encourage structured and inclusive games with PE equipment. Mid-day supervisor training to increase confidence with leading structured games.
<p>Development of PE areas</p> <ul style="list-style-type: none"> • Purchase new outdoor gym fitness equipment. 	£10,000	<p>Dedicated area for health and fitness will allow a range of activities including: building strength in all the major muscle groups; developing cardiovascular fitness; improving flexibility; balance and co-ordination which will be carried out in a safe and contained environment.</p> <p>Outdoor exercise to enhance fitness and stimulate emotional well-being.</p> <p>This will allow full access to equipment at playtimes and lunch time.</p>
<p>Staff development</p> <ul style="list-style-type: none"> • Buying into existing local sports networks such as school sport partnership. • Participation in CDP for teaching staff to improve the delivery of PE with improved planning and the use of equipment. • CPD for PE coordinator to effectively organise events and equipment. 	Included in SASP cost	Increased confidence amongst staff will lead to a greater diversity of activities, a better understanding of the different aspects of physical development and more high quality PE sessions being delivered.

<p><u>Swimmingcost and transport</u></p> <ul style="list-style-type: none"> • Coach for attending swimming sessions 	£400	Meeting the legal requirements of the National Curriculum as well as teaching the children a valuable life skill.
<p><u>Expansion of attendance at local sports comps</u></p> <ul style="list-style-type: none"> • Encourage wider staff involvement in inter house/ local events. • Enrol teams in the Central Venue Tournaments organised by SASP. 	SASP cost	A more inclusive approach to PE tournaments will improve self-confidence and generate a strong local and wider community spirit.
<p><u>Purchase of additional resources</u> To provide additional resources to ensure all pupils can access a range of physical activities during lunch and playtimes which will increase physical activity.</p>	£2000	To enable children to try a wider variety of sporting activities and to allow the provision of new clubs.
<p><u>After School Clubs</u> The after school provision includes a range of sporting activities including: Dance, Football, basketball etc.</p>	£1292.50	Development of community cohesion with parents expressing positive effect on children. Children and organisers interacting in a positive and inclusive way. High level of physical activity adding to increased overall fitness levels.
<p><u>Lunchtime PE club</u> Improve the provision of PE/Games at lunchtimes</p>	£ 220	Physical activities lead by PE coach to develop resilience and perseverance.
<p><u>Midday supervisor training</u> To ensure staff are able to support and develop physical activity</p>	Included in SASP cost	Increased confidence amongst staff will lead to a greater diversity of activities, a better understanding of the different
<p><u>TOTAL</u></p>	£17,537.50	
<p><u>Income 2018-2019</u></p>	£19,180	
<p><u>Carried forward</u></p>	£1642.50	