

# Wellesley Park Primary School – Religions Education

**Topic: Unit 3** What do Hindu people believe about Dharma, Deity and Atman?

**Year 4 Autumn term**

## Essential Core (Summary of unit)

- I will be able to recall stories of the exile, return and reign of Rama from the Hindu book.
- I will understand when Hindus light lamps to celebrate Diwali they remember that God guides us in life the way lamps light up darkness, to help us see our way.
- I will know Dharma means ‘right-living’
- I will know that Hindu holy books describe Rama AND Krishna as incarnations (Avatars) of Krishna.
- I will know Hindus aim to visit places where the Avatars lived, e.g. Ayodhya & Vrindavan
- I will know that Hindus believe that they can also worship God in other divine forms (or Deities) alongside the Avatars, such as a loving mother (Devi – not the name of a God), Lakshmi, popularly worshipped at Diwali.
- I will understand that Puja helps Hindus be quiet enough to ‘hear’ God guiding them from within and to know Hindus can perform Puja at home or in a place of worship called a Mandir.

## Vocabulary

WORD	Meaning	Image
<b>Diwali</b>	A Hindu festival with lights, held in the period October to November. They remember that God guides us in life the way lamps light up darkness, to help us see our way. A common story told at this time is one of Rama and Sita. Lakshmi, the goddess of wealth and prosperity, is also connected with Diwali. Houses are cleaned and lights are lit so Lakshmi will visit and bring prosperity. It is customary for business accounts to be settled for the year at <b>Diwali</b> .	
<b>Exile</b>	Being sent away and not allowed back to your country or town.	
<b>Divas</b>	A small pot that holds a light (traditionally a small cotton wick floating in clarified butter (ghee), can simple and plain or brightly coloured.	
<b>Puja</b>	Puja means reverence (profound respect and love), honour and worship. Most Hindus have a special place in their homes where they perform their act of worship or Puja.	
<b>Avatar</b>	A deity (god or goddess) which comes down to Earth in a human form, an animal form or a partly human and partly animal form	

